



Willows Pediatric Group Presents

Breastfeeding 101

Setting You up for Success

Come Join Us!



This 1 ½ hour class is designed for pregnant women interested in breastfeeding. Partners encouraged to attend too! The program is open to the public, (Willows Pediatrics & non-Willows Pediatrics patients welcomed).

TOPICS COVERED INCLUDE:

- Benefits of breastfeeding
- What to expect in first 24-48 hours
- Positioning and latch
- Milk production, diet, and nutrition
- Feeding schedules
- Pumping and storage
- Common issues and how to overcome

This class will be taught by Dana Czuczka, one of our Certified Lactation Consultants at Willows Pediatrics. The class provides practical information to help get breastfeeding off to a successful start.

- Upcoming Dates -

July 12, 2017 ♦ Sept. 13, 2017 ♦ Nov. 8, 2017

Time: 6:30 - 8:00 p.m.

Location: Willows Pediatrics Group
1563 Post Rd. East, Westport, CT 06880
(next door to The Westport Inn)

Reserve your spot today! Call: (203) 319-3939
or email: danaczuczka@willowspediatrics.com

